

Lesson learnt from my daughter's creativity. She made this design for a project work based on the movie, 'Elemental'.

It was indeed very interesting to watch the creative coming to life. She wanted to merge fire elements with water. She worked extremely hard to bring a smooth relationship between fire and water.

Few interpretations I wished to share.....

Every element is unique and in the same way, each person is different. For a relationship to survive, efforts must come from both sides.


Suppose the water element tries hard to get acquainted with the fire element, naturally, the water will evaporate and disappear with the heat of the fire. Similarly, the fire will be extinguished if it tries to merge with water.

But imagine a scenario where both are putting effort as in this picture the relationship will successfully survive maybe with little fumes.

The same goes for humans too. Every person is unique and has their own thoughts and unique personality. Efforts should come from both sides for a relationship to survive. It can be between brother-sister, husband-wife, parents-children, between friends and the same goes with [neurodiverse-neurotypical](#). Since every individual is different, definitely there will be differences in opinion and thoughts. Requirements will be different. The objectives in life will be different. Culture, habits, tastes, principles, purpose of life, everything will be different. Hence effort from one individual can never sustain the relationship. They will surely perish. But the right amount of effort from both, with an intent to support each other will sustain any misunderstandings and lead to a successful relationship.

Do not be the only person to put effort to build a relationship because you will surely perish. If we understand that efforts are not taken by other people, it is wise to stay away. Similarly, if you find a person trying to make an effort to build a relationship, either respect it by putting in equal effort or gracefully withdraw without hurting.

I continue the statement for neurodivergent individuals too. Accepting and building a relationship and a support system for a neurodivergent person takes effort and willingness. This is an essential component of the ecosystem. Let us not be the reason for them to perish. Come forward, give a helping hand to the best of your capacity, to build harmony in the world. Love is an essential component that can be achieved with efforts from all, which in turn can build a strong foundation for the human race to succeed.

It took a lot of effort for my daughter to develop a love component between fire and water. You can see fumes around the heart, but both fire and water did not perish because of the effort to live together. So, Live and let live. Do not perish and do not be the reason for others to perish. 

[Dr Gayatri Narasimhan](#)

Founder Director

[Prakramika Vocational Institute](#)